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Sensory Handwriting

Use a range of tactile materials for your child to "feel" the letters. This is a great way for your child to practice letter formation without the need of holding a pencil (and may be more motivating and fun!).

Write in different textures

- Gel bag
- Shaving cream
- Dry pasta or rice
- Sand or salt boxes
- Flour

Make the letters using

- Playdough
- Pipe cleaners
- Lego
- Construction blocks



Whole body writing

- Make letters with your whole body (may need a partner)
- Draw the letter in the air or with a ribbon

Print the letter and ask the child to:

- Glue pom poms onto the letter
- Put stickers on the letter
- Drive a toy car over the letter
- Stamp dots onto the letter

